mindful\_fitness\_app/

│

├── assets/ # images, logos, fonts, etc.

│ └── logo.png

│

├── core/ # core business logic, calculations

│ └── bmi.py

│ └── nutrition.py

│

├── data/ # user data, CSVs

│

├── email/ # email sending logic

│

├── ui/ # All UI code (this is where Kivy code lives)

│ ├── \_\_init\_\_.py

│ ├── screens/

│ │ ├── \_\_init\_\_.py

│ │ ├── opening\_screen.py ← Add this

│ │ └── opening.kv ← Add this

│ └── main.py ← App entry point

│

└── requirements.txt

Open page of Mindful fitness app

main.py ← Entry point

screens/

└── opening.kv ← UI for opening screen

└── signup.kv ← UI for signup screen

└── bmi.kv ← UI for BMI calculator

assets/

└── logo.png ← Your app logo

└── theme colors etc.

Step 3 add spacing